



Author Guidelines

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Manuscript

Authorship	<ul style="list-style-type: none"> ▶ All persons listed as authors must have made substantial contributions to the submitted manuscript. Everyone involved in the creation of the article must be listed as an author. Image contributions from non-authors must be acknowledged appropriately.
Format	<ul style="list-style-type: none"> ▶ Please submit your manuscript as an unformatted Word file (approx. 15,000 characters including spaces, equivalent to ~4 printed pages), without embedded images or graphics. ▶ Figures, tables, and illustrations must be submitted as separate files. ▶ Include portrait photos of up to 3 authors as JPG or TIFF (min. 300 dpi, 10x15 cm or ~1–2 MB). ▶ Provide full contact information of the corresponding author (including title, postal address, email, and phone), and optionally of co-authors.
Structure	<ul style="list-style-type: none"> ▶ Title (headline) ▶ Abstract (800–1000 characters, in German and English), plus up to 5 keywords ▶ Main text with subheadings ▶ Take-Home Message 3–5 bullet points summarizing the core findings of the article
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References	<ul style="list-style-type: none"> ▶ References should be numbered in the order of appearance in the text and cited using round brackets, e.g. (1). ▶ List all references at the end of the manuscript in Vancouver style, for example: 1. Fowler MJ. Microvascular and Macrovascular Complications of Diabetes. Clin Diabetes. 2008;26(2):77–82.
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